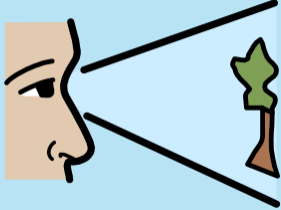


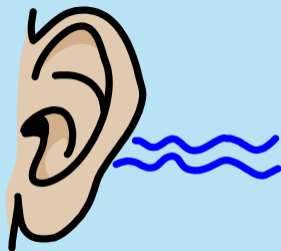
Grounding



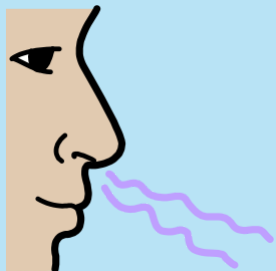
5 things I can see



4 things I can touch



3 things I can hear



2 things I can smell



Say 1 positive thing